GRADUATION MATTERS MISSOULA

STUDENT WELLNESS COMMITTEE MEETING MINUTES

3:30p.m., Wednesday, December 17, 2014

1. **Welcome & Introductions**

Attended by: Linda Simon (MCPS health services), Rebecca Morley (Health Dept), Lisa Beczkiewicz (Health Dept – Let’s Move Anna Semple (Forum for Children & Youth), Brandee Tyree (Forum for Children & Youth), Kim Spurzem (NCBI Missoula), Andrea Vannatta (Pediatrician), Ryan Yearous (Missoula Parks and Rec), Paige Ely (Missoula Food Bank)

1. **Review Action Plan Developed From Sept 24th Meeting**
   1. Team Reviewed GMM Student Wellness Subcommittee 2014-2015 Action plan. Team discussed Sub Committee purpose and proposed to be the MCPS Student Wellness access portal for community agencies. The superintendent, regional directors and principals would refer community members to work through the subcommittee to work in schools. Team agreed they did not want to slow up processes that are working, but rather better coordinate services provided to schools to increase student impact. The Subcommittee Leadership will draft a new mission and purpose for review at the next Quarterly meeting.
   2. Group discussed the need for one page description of Subcommittee history, make up and purpose. Also discussed the need to begin developing a site that holds resources for teachers and students regarding student wellness.
   3. Group discussed developing ways to increase teacher and student involvement. Subcommittee members will develop of list of school meetings (monthly counselor meetings, health enhancement teacher meetings etc) dates and times. These meetings will be one way for agencies to get MCPS staff feedback. Team also discussed using focus groups and surveys to gather student and teacher voice.
   4. Team will develop a resource map of agencies on the Student Wellness Subcommittee to help identify strengths and gaps.
   5. Team will also put a data folder on the google drive to begin looking at student data to drive our decision making process (Student surveys, My Voice, ODRs, BMI).
   6. Team also discussed that work groups would come prepared to each meeting with a summary sheet of activities.

**Action: Carol will refine action plan and sent out to group for final approval, Lisa B will develop one page description.**

1. Work group recommendations to GMM executive Committee
   1. Physical Fitness: Revise school policy to read all students will move every 50 minutes. Subcommittee was not sure if it was possible to ask to change or add policy. There was also discussion regarding using policy or procedures as an avenue to implement more physical activities for student

**Action: Carol and Lisa will ask executive committee what its expectations for group are and submit new mission and purpose statement.**

School Health: MCPS scored a 59% on the SHI school Health index. Linda asked that the need for additional nursing staff be presented to the Executive Committee

**Action: Linda will draft a brief statement on MCPS medical needs for Carol and Lisa to present to Executive committee.**

Behavior Health: Work group would like MCPS and community to hold bi-annual events where school mental health staff and community agency personnel “meet and greet” or brown bag lunches where professionals could learn about community resources.

**Action: Carol will develop request that district and community hold bi-annual meetings for MCPS and school staff around all four pillars of student wellness.**

Nutrition: Wanted to know how Smart Snacks in School implementation would be monitored by the district

1. **Assessment-**Group discussed using the SHI to assess district practices around student health. Subcommittee will use this assessment to guide their actions and demonstrate progress.

**Action:** **Lisa B will give each work group facilitator their section of the SHI. Work groups will contact relevant school personnel to help complete the survey. Results will be presented at next quarterly meeting.**

**Next Quarterly Meeting: March 4th 3-5pm**